

Infant Lesson Plan 6 - Cheeses of Europe

Objective:

To help pupils understand about the different types of cheeses from around Europe.

Duration: 30 minutes (approximately).

Curricular Links:

SESE (Geography) → Human environments → People and places in other areas

Words of the Day

Europe: A group of countries on the European continent (a very big area of land).

Travelled: Moved around.

Italians: People from Italy.

Classroom Discussion

Discuss the following with your pupils:

1. Can you tell me anything you know about France or Italy?
2. Have you been on holidays to France or Italy?
3. How did you travel there?
4. Did you eat any French/Italian food?
5. Did you taste any cheese?
6. What was the cheese called?
7. Can you describe what it tasted like?

Cheeses of Europe:

People have been making cheese for a very long time in Europe. They learned different ways of making cheese as they travelled around from country to country. Here are two famous cheeses from Europe.

France - Brie

Brie is a type of cheese. It comes from a place called France. Brie is made from the milk of a cow. It is soft and yellow on the inside. It has a strong smell.

Italy - Parmesan

Parmesan comes from Italy. It's a hard and dry cheese. It is made from cow's milk too. Italians like to eat Parmesan cheese with pasta.



Class Activity:

Ask your pupils to design a simple label for Brie or Parmesan cheese, on a piece of paper or in their copies.

Extension Activities

1. Create a class data chart of favourite types of European cheese e.g. Brie, Parmesan, Mozzarella, Cheddar.
2. Hold a 'Cheeses of Europe' taste sampling session.
3. Create a simple class story about a character called 'Brie the French Cheese'. Encourage children to use descriptive words.

Bring it Home

How are your pupils getting involved?

See the website for suggested ways of encouraging your pupils to take home what they have learned about Cheeses of Europe. As a homework exercise, you can ask your pupils to:

1. Draw a picture of their favourite type of cheese.
2. Find out the types of cheese their parents like to eat.
3. Draw a picture of the French or Italian flag.

