



Junior Activity Sheet 3

Top Tooth Tips

1. Work in groups to match the sentences from column A and B.
2. Then write the correct sentences for Top Tooth Tips in your copy.

A	B
A1. Always brush your teeth twice a day,	B1. don't rinse.
A2. Use a soft/medium toothbrush	B2. when the bristles are worn.
A3. Brushing your teeth properly	B3. to clean every tooth.
A4. Spit,	B4. brushing your teeth just as you need help tying your shoes or washing your hair.
A5. Never eat	B5. at bedtime and one other time during the day. Clean every tooth.
A6. Change your toothbrush	B6. or swallow toothpaste.
A7. Get help with brushing. You will need help	B7. and fluoride toothpaste to brush your teeth.
A8. When brushing it's important	B8. should take 2-3 minutes (about the length of a song).



Dental Health Foundation
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