



# Junior Activity Sheet 2

## Keeping Active - Word Search

Find the 10 hidden words!

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| M | U | S | C | L | E | S | S | T | E |
| J | G | W | Q | J | Y | C | T | V | T |
| U | B | O | N | E | S | H | I | C | R |
| M | D | G | R | O | W | T | H | H | U |
| P | S | W | T | U | C | E | R | E | G |
| I | O | G | D | A | I | R | Y | E | O |
| N | G | N | I | P | P | I | K | S | Y |
| G | C | A | L | C | I | U | M | E | F |

Bones - Calcium - Cheese - Growth - Muscles  
Yogurt - Active - Skipping - Jumping - Dairy

$$a + b = c$$

**Use words from the word search to write  
five sentences about keeping active.**

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**Illustrate your favourite sentence about keeping active!**

