

Senior Activity Sheet 3

Top Tooth Tips

1. Work with a partner, matching the sentences from column A and B to work out the Top Tooth Tips.
2. Then write the correct sentences in your copy.

A	B
A1. Always brush your teeth twice a day,	B1. don't rinse.
A2. Use a soft/medium toothbrush	B2. when the bristles are worn.
A3. Brushing your teeth properly	B3. should take 2-3 minutes (about the length of a song).
A4. Spit,	B4. it's important to floss daily.
A5. Never eat	B5. at bedtime and one other time during the day.
A6. Change your toothbrush	B6. and fluoride toothpaste to brush your teeth.
A7. As well as brushing	B7. or swallow toothpaste.

